CSPA Practicum  

Number of Positions Available: 1

Office/Department: University Health Center – The Well
Director: Lee Ward
Supervisor: Veronica Jones, Associate Director for Health Promotion & Well-Being

Mission Statement: The University Health Center provides health care and learning opportunities that help students be well, stay well and do well.

Functional areas included in this office/department:

- Alcohol & Other Drug Abuse Prevention and Early Intervention
- Healthy Sexuality Programming and Education
- Sexual Violence Prevention
- Sexual Orientation, Gender Identity and Expression (SOGIE) Education and Support
- Advocacy for students how have experienced sexual violence, dating violence, and stalking
- Peer health education

1. Students who participate in this experience will gain understanding of college health promotion within the division of student affairs and the influence that health promotion has on student success and well-being:

   - Attend and participate in meetings regarding the functions and implementation of Health Promotion and Well-Being services and Programs.
   - Receive training to help implement services and programs related to:
     o Alcohol & Other Drug Abuse Prevention and Early Intervention (21st Birthday Program)
     o Healthy Sexuality Programming and Education (Safer Sex Center operations and selected sexual health programs)
     o Sexual Violence Prevention (Green Dot – comprehensive violence prevention strategy, and other primary and secondary prevention programs/initiatives)
     o Sexual Orientation, Gender Identity and Expression (planning and implementation of Lavender Lounge and campus events, assist with other operational and research duties)

2. Students who participate in this experience will be exposed to the purposeful application of the following student development and health promotion theories and practices:

   - Socio-ecological model
   - Motivational interviewing
   - Health Belief Model
   - Transtheoretical Model of Behavior Change
   - Cognitive Developmental Theories
   - Social Identity Development Theories: (Including but not limited to racial, sexual-orientation, gender, ability, and religious identity.)
   - Harm Reduction
   - Diffusion of Innovation Theory
3. **Students assigned to this site will be able to participate in the following assessment and/or evaluation projects:**

   - Assist in the assessment planning, implementation and reporting of selected programs and/or activities.

4. **Students who participate in this experience will be evaluated and provided on-going feedback in the following ways:**

   - Regularly scheduled meetings with the practicum supervisor.
   - Regularly scheduled meetings with health promotion and well-being staff that oversee functional areas.
   - Formal written evaluation at the conclusion of the practicum.

5. **Specific expectations of students assigned to this site include:**

   - Supports the mission of the University Health Center and JMU.
   - Creates and maintains a schedule designed to meet practicum requirements.
   - Performs designated tasks in a timely, organized, and professional manner.
   - Maintain confidentiality in regards to students seeking services.
   - Communicates consistently with supervisor, including regular meetings with supervisor.
   - Maintains a positive attitude about practicum responsibilities.
   - Participates in office, department, divisional meetings, and professional development as necessary.
   - Requests assistance and support when approaching new or challenging situations
   - Support, facilitate, and attend programming sponsored by UHC – The Well.

**Contact Person**
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